



May 2023

The Heritage  
at Fox Run

Independent Living | Assisted Living  
Memory Support

Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
All activities held in Dining Area unless otherwise noted.	1 9:30 Exercise 9:30 Catholic Communion 10:00 Walking Club 10:30 Jenga and Jelly Beans 10:30 Jenga 2:00 Corn Hole 3:00 Music in the Courtyard 6:00 Wheel of Fortune	2 9:30 Exercise Class 10:00 Walking Club 10:30 Nail Care 2:00 Bingo 3:30 Story Time in the Courtyard 6:30 Wheel of Fortune	3 9:30 Exercise 10:00 Walking Club 10:30 Rosary 10:30 Lotion Hand Massages 2:00 Games on the While Board 3:00 Trivia Tease 6:00 Magazine Time	4 9:30 Exercise 10:00 Walking 10:30 Nail Care 1:30 Let's Go Fishing Game! 2:30 Craft Time 3:30 Frozen Treats in the Courtyard 6:30 Watch Wheel of Fortune	5 9:30 Exercise 10:00 Walking in IL 10:30 Gardening 2:00 Music Bingo 3:00 Bubbles in the Courtyard 6:00 Coloring Pages	6 9:30 Exercise Class 10:15 Walking Club 10:30 Book Club 2:00 Bingo 3:30 Kings on the Corner 6:00 Lawrence Welk Show
	7 9:30 Exercise Class 10:15 Walking Club in Independent Living 2:00 Bingo 3:00 Salty Snacks 6:00 Americas Funniest Video's	8 9:30 Exercise 9:30 Catholic Communion 10:00 Walking Club 10:30 Dice and UNO 10:30 Puzzle Time 2:00 Let's Paint! 3:00 Relaxing in the Courtyard 6:00 Magazine Time	9 9:30 Exercise Class 10:00 Walking Club 10:30 Nail Care 10:30 Puzzles and Gadgets 2:00 Piano Playing with Dr. Christensen 3:00 Bingo 6:30 Wheel of Fortune	10 9:30 Exercise 10:30 Rosary 10:45 Church Service 1:30 Scenic Drive and Stop at Peggy's House for Treats!!! 3:00 Coffee Social 6:00 Magazine Time	11 9:30 Exercise 10:00 Walking Club 10:30 Nail Care 1:30 Deer Shoot Game 2:30 Flower Making 3:00 Relaxing in the Courtyard 6:30 Watch Wheel of Fortune	12 9:30 Exercise Class 10:00 Walking Club 10:30 Crafting 2:00 Mother's Day Party with Music from Dannell Danner-IL DR 6:00 Coloring Pages
	14 Mother's Day 9:30 Exercise 10:15 Walking Club 10:30 Coloring Pages 2:00 Let's Play Cards! 6:00 Watch Americas Funniest Video's	15 9:30 Exercise 10:00 Walking 9:30 Catholic Communion 10:30 Puzzle Club 10:30 Ring Toss 1:30 Make a Story 2:30 Reading and Book Club 6:00 Parachute Fun	16 9:30 Exercise 10:30 Nail Care 11:00 Cards, Puzzles and Gadgets 1:30 Corn Hole Game 2:30 Cake Social 3:30 Card Games 6:00 Word Finds	17 9:30 Exercise 10:30 Rosary 10:30 Card Games 1:30 Water Color Books 2:30 Make Chex Mix 3:00 Chex Mix Social 6:00 Popcorn Treats	18 9:30 Exercise 10:00 Walking Club 10:30 Pop Bottle Fuzzy Ball Flow-ers 10:30 Nail Care 2:00 Music with Pam Kragt 3:00 Root Beer Floats 6:30 Word Finds	19 9:30 Exercise 10:00 Walking in IL 10:00 Mit and Ball Toss Game 2:00 Strip Flowers Craft 3:00 Walking in the Courtyard and Bubble Blowing 6:00 Book Club
	21 9:30 Exercise Class 10:15 Walking Club 10:30 Reminisce 2:00 Listening To Records from the Past 6:00 Americas Funniest Video's	22 9:30 Exercise Class 9:30 Mass in the IL CR 11:15 Walking 2:00 Whack Em' Sticks with Balloons 3:00 Music with Mary Link-MS 6:30 Wheel of Fortune	23 9:30 Exercise 10:15 Walking Club 10:30 Nail Care 10:30 Gadget Time 1:30 Bingo 2:00 Piano Playing with Dr. Christensen 3:30 Fresh Popcorn Social	24 9:30 Exercise 9:30 Rosary 10:00 Walking Club 10:45 Church Service-IL CR 2:00 Cupcakes with Kim 3:00 Card Games and Coffee Social 6:00 Trivia	25 9:30 Exercise 10:00 Walking Club 10:30 Nail Care 2:00 Butterfly Craft 3:30 Let's Garden in the Courtyard! 6:00 Movie Night	26 9:30 Exercise 10:00 Walking Club 10:30 Hang Holding Flow-ers Craft 1:30 Parachute Game 3:00 Music with John Beck 6:00 Sing A Long
	28 9:30 Exercise Class 10:30 Chicken Soup for the Soul Reading 2:00 Boll Toss Game 3:00 Relax in the Courtyard 6:00 Americas Funniest Video's	29 9:30 Exercise 9:00 Catholic Communion 10:15 Walking Club 10:30 Dancing Fun by the Television! 2:00 Root Beer Floats 3:00 Relaxing in the Courtyard 6:00 Flower Arranging	30 9:30 Exercise Class 10:00 Walking Club 10:30 Nail Care 10:30 Card Games 2:00 Bingo 3:00 Ladder Ball Game 6:00 Popcorn Social	31 9:30 Exercise Class 9:30 Rosary 10:00 Walking Club 10:30 Reminisce with Kim 2:00 Coloring Pages 3:00 Card Games 6:00 Trivia	Resident Birthday 20 Karen G	Staff Birthdays 1 Kiri A 4 Debay B 6 Jessica M 6 Kendall H 8 Hope M 14 Shelby K 15 Sarah B 16 Kyleigh R 19 Sharvonna W B 27 Mackenzie S
						Activities are subject to change. We will notify you as soon as possible if we are expecting a change to occur on the activity calendar. Thank you!

