

The Heritage at Shalimar Gardens

The Heritage at Shalimar Gardens Assisted Living Weekly Activity Calendar May 2023

Monday May. 29, 2023

MEMORIAL DAY!

9:00 Daily Devotions (F-2nd Floor)

9:30 Stretch & Bend Exercise Class (C)

10:30 Bus Ride— Avenue of Flags Drive w/ Kathy

10:45 Acrylic Painting with Pat (I)

11:30 Patriotic Trivia Challenge at the Table (D)

1:30 Pet Therapy- A Visit from
Rosie & Bella— (F-1st)



Friday June. 2, 2023

9:00 Daily Devotions (F-2nd Floor)

10:00 Stretch & Bend Exercise Class— (C)

10:45 Horseshoes in the Courtyard

1:00 Shalimar Bell Choir (I)

1:30 Meet & Greet our 5 New Neighbors here at
Shalimar Gardens! (D)

2:30 Strawberry Rhubarb & Banana Cream Pie
Served following the Meet & Greet (D)

3:15 Balloon Volleyball— Front Entry

Tuesday May. 30, 2023

9:00 Daily Devotions (F- 2nd Floor)

10:00 Stretch & Bend Exercise Class (C)

10:45 Famous Faces & Places (C)

THE BEAUTY SHOP IS OPEN IN THE AFTERNOON!

1:00 Catholic Rosary with JoAnn Morgan (L)

1:30 Resident Council + Foodie Meeting (C)

2:15 Natures Secrets- "Our Native Solitary Bees" (C)

3:00-3:30 Country Store is Open! (L)

3:15 Redeemer Lutheran Church Service on Ch. 901

Saturday June. 3, 2023

9:00 Independent Word Puzzles
Available in the Coffee Shop!

10:00 Calling all Pitch Players— Let's Play Cards (I)

1:30 Watch A Movie on
Ch. 901

"The Family Man"



2:00 BINGO with Alan & Shirley
Remember to bring your dauber! (D)

Wednesday. May. 31, 2023

BEAUTY SHOP OPEN!!

9:00 Daily Devotions (F-2nd Floor)

10:00 Stretch & Bend Exercise Class (C)

10:45 Crafts- "Sunflower Fan" (I)

1:30 KENO-(D)

Remember to Bring you Highlighters

2:15 GIANT Crossword Puzzle (D)

3:00 Book Club— Chicken Soup for the Soul Short
Stories (F-1st)

3:30 Let's Play Rummikub (I)

Sunday June. 4, 2023

8:30 Salem Lutheran Church On
98.9fm/1340am

9:00 First United Methodist on 105.5fm

9:00 Church of the Nazarene 105.5fm
(15 minute devotional)

9:30 & 10:30am Trinity Lutheran on 98.9/1340

10:00 St. Patrick's Catholic on 105.5

11:00 First Lutheran of Fremont
89.9fm/1340am

1:30 Watch A Movie on Ch. 901
"Fly Away Home"

Thursday. June. 1, 2023

9:00 Daily Devotions (F-2nd Floor)

10:00 Stretch & Bend Exercise Class (C)

10:45 Words in Words (C)

11:30 Trivia Challenge at the Table (D)

1:00 A Trip to Prague, NE to see an Iris Flower
Farm! Sign up w/ Activities to go!

3:00 Happy Hour— Come enjoy a drink or two
with family & friends! (D)

COFFEE SHOP-
Open M-F 10:00am-7:00pm

Activity Locations

A-Activity Room
C- Community Rm
D-Dining Room
F-1-Fireplace (1st)
F-2 Fireplace (2nd)
FE- Front Entry
I- Coffee Shop
L-Library
P- Pool Room

COLOR CODES

COUNTRY STORE
BUS TRIP or: LUNCH
Outing
Entertainment OR:
Outside Vendor
KENO / BINGO
RELIGIOUS
SERVICES