

# A MAY 2022



# Heritage Pointe



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## Monday, May 23rd

8:00 Breakfast	1:00 Music & Meditation
9:30 Daily Chronicle	2:00 Planting Party
10:15 Exercise	3:15 Balloon Volleyball
10:30 Refreshments	4:00 Word Game
11:00 Sensory Bag	5:00 Dinner
11:30 TV BINGO	6:00 Reading Club
12:00 Lunch	

## Friday, May 27th

8:00 Breakfast	1:00 Relaxation Music
9:30 Daily Chronicle	2:00 Baking Club: Muffins
10:15 Exercise	2:30 Comedy Hour
10:30 Refreshments	3:00 Balloon Volleyball
11:00 Playing Card Bingo	4:00 Word Game
11:30 Photo Hunt Detective	5:00 Dinner
12:00 Lunch	6:30 Popcorn & Movie



## Tuesday, May 24th

Happy Birthday Bill H.

8:00 Breakfast	1:00 Hymn Sing with Joy
9:30 Daily Chronicle	2:00 Manicures
10:15 Exercise	2:30 Snack
10:30 Refreshments	3:00 Balloon Volleyball
11:00 Rock Painting	4:00 Word Game
11:30 Sensory Activity Music in Motion	5:00 Dinner
12:00 Lunch	6:30 Jigsaw Puzzling



## Saturday, May 28th

8:00 Breakfast	1:00 Music and Meditation
9:30 Daily Chronicle	2:00 Reading Club
10:15 Exercise Class	2:30 Afternoon Refreshments
10:30 Moring Snack	3:00 Balloon Volleyball
11:00 Chicken Soup for the Soul	4:00 Word Game
12:00 Lunch	5:00 Dinner
	6:30 Adult Coloring

## Wednesday, May 25th

8:00 Breakfast	1:00 Music & Aroma Therapy
9:30 Daily Chronicle	2:00 Crafting with Vicki
10:15 Exercise	3:00 Birthday Party with Living Easy Jazz band in AL
10:30 Refreshments	3:15 Balloon Volleyball
11:00 Sensory Activity Play-Doh	4:00 Word Game
11:30	5:00 Dinner
12:00 Lunch	6:30 Game Night: Residents Choice

## Sunday, May 29th

8:00 Breakfast	1:00 Easy Listening
9:30 Daily Chronicle	1:30 Manicures
10:15 Exercise Class	2:30 Snack
10:30 Mass on TV- Channel 9	3:00 Balloon Volleyball
11:00 Hymn Sing-A-Long	4:00 Word Game
12:00 Lunch	5:00 Dinner
	6:00 Reminisce Magazine

## Thursday, May 26th

8:00 Breakfast	1:00 Hand Massage & Music
9:00 Daily Chronicle	2:00 Craft Corner
9:30 Exercise Class	3:15 Balloon Volleyball
10:00 Scenic Drive	4:00 Word Game
	5:00 Beer and Pizza Night
	6:30 Cards:



12:00 Lunch

