

# SEPTEMBER 26<sup>TH</sup> - OCTOBER 2<sup>ND</sup>

# ASSISTED LIVING ACTIVITY CALENDAR

## Monday September 26, 2022

*Love Note Day ~ National Family Day  
Pancake Day*

ALL DAY ~ Staff & Resident Love Notes  
Write A Note & Stick It One The Board  
9:05 Poppin' Fresh Popcorn  
11:45-12:00 Prayer <sup>DR</sup>  
**2:00 Entertainment By Jay Towell** <sup>CS</sup>  
3:00 Dominos In The Activities Room  
PRIMETIME ON TV NET: 7&8pm Antiques Roadshow <sup>Ch 17</sup>  
7:00 Alaska: The Last Frontier <sup>Animal Ch 44</sup>

## Tuesday September 27, 2022

*Chocolate Milk Day ~ Scarf Day*

9:00 Poppin' Fresh Popcorn  
9:05 *Snapshot:* Devotions In The Dining Room  
9:15 *Snapshot:* Weekly Suite Stops & Nail Care  
**9:30 Senior Exercise with Karlay** <sup>W</sup>  
10:15 *Snapshot:* Slice & Dice Veggies & Fruit  
11:45-12:00 Prayer <sup>DR</sup>  
1:00 Daily Devotions In Activity Room  
1:00 Town Hall Meeting  
*\*Everyone Is Encouraged To Attend* <sup>DR</sup>  
**1:45 Bingo** <sup>A</sup>  
2:30 Pedicures with Deb <sup>A</sup>  
3:15 Happy Hour - Chocolate Milk & "ADULT"  
Chocolate Milk & Cookies <sup>A</sup>  
**4:30 Catholic Rosary** <sup>CH</sup>  
**4:45 Becky & Mookie ~ Fur Friend Visits** <sup>MS/CS</sup>  
6:30 PIG *\*Dice Game - You Play.. We'll Keep Score! A*  
7:15 Resident Lead ~ 10 Point Pitch Game <sup>I/A/CS</sup>

## Wednesday September 28, 2022

*National Women's Health & Fitness Day  
Teachers Day ~ Good Neighbor Day*

9:00 Faith Lutheran Church Service (Ch.181)  
9:10 Poppin' Fresh Popcorn  
**9:30 Senior Exercise with Karlay** <sup>W</sup>  
11:45-12:00 Lords Prayer <sup>DR/I</sup>  
**1:15/1:30 Charlie & Suzie Visits** <sup>MS/CS</sup>  
2:00 Nail Care ~ Polished2Perfection <sup>A</sup>  
2:30 Healthy Snacks & Exercise Tips/Videos <sup>A</sup>  
3:00 Dominos In The Activities Room  
3:45 Cards With Friends <sup>I/CS</sup>



## Thursday September 29, 2022

*Singing Cowboy Day ~ World Maritime Day*

9:00 10/11 *Pure Nebraska "DAILY"* <sup>CH.11 MT</sup>  
**9:30 Senior Exercise with Karlay** <sup>W</sup>  
10:00 Making Monkey Bread <sup>A</sup>  
10:30 Ladies Coffee Hour <sup>A</sup>  
~ Enjoy A Tasty Treat & Delightful Conversation <sup>A</sup>  
11:45-12:00 Lords Prayer <sup>DR</sup>  
1:00 Daily Devotions In Activity Room  
2:00 Painting October Door Hangers  
*\*SUPER SUPER EASY!!!* <sup>A</sup>  
2:30 Songs Of Gene Autry <sup>A</sup>  
3:00 Happy Birthday Hour - Drinks & Treats! <sup>A</sup>  
PRIMETIME ON TV 7:00 Restaurant Impossible <sup>Food Ch. 50</sup>

## Friday September 30, 2022

*Milkman Day ~ National Goopy Butter Cake Day  
World Elephant Day*

9:00 10/11 *Pure Nebraska "DAILY"* <sup>CH.11 In Room</sup>  
9:00 Poppin' Fresh **Caramel** Popcorn  
9:05 *Snapshot:* Devotions In The Dining Room  
**10:15 Stop & Shop With Deb** <sup>Outing</sup>  
11:45-12:00 "Truly Thankful" Grace/Prayer <sup>DR</sup>  
**2:00 Entertainment By Don Richmond** <sup>CS</sup>  
3:15 Old Fashioned Malted Milk Shakes  
**4:30 Catholic Services** <sup>CH.</sup>  
**6:30 Catholic Rosary** <sup>Ch.95</sup>  
**HUSKER VOLLEYBALL: TBA NE vs Rutgers** <sup>104.1 Radio</sup>

## Saturday October 1, 2022

*Garage Sale Day ~ Bowling Day ~ Prosecco Day  
Shooting Stars Day*

10:00 Coffee, Cards & Conversation <sup>CS/I</sup>  
**2:15 Bingo** <sup>CS</sup>  
3:10 Afternoon Mimosa Social <sup>CS/DR</sup>  
3:30 Bowling Dice Game <sup>CS</sup>  
4:00 Mail Call! - Available After 4pm <sup>1st Floor</sup>  
4:00 Adult Coloring <sup>Available In Puzzle Room</sup>  
6:00 ON TV: The Lawrence Welk Show <sup>Ch.17</sup>  
**Happy 97th Birthday Frank Medsker**

## Sunday October 2, 2022

*Melon Day ~ Creamsicle Day ~ World Lizard Day*

10:30 First Presbyterian Church Service <sup>FB LIVE/MT</sup>  
1:30 Church Service by LCMS (CH)  
2:10 Popping Popcorn <sup>CS</sup>  
2:30 Sunday Sundaes <sup>CS</sup>  
3:00 Toss It Card Bingo <sup>CS</sup>  
3:30 Sunday Movie Matinee <sup>Foyer TV</sup>  
3:45 Water Flowers <sup>CY</sup>  
**HUSKER VOLLEYBALL: TBA NE vs Maryland** <sup>104.1 Radio</sup>

*Televised Sunday Church Services*

6:00 Hour of Power <sup>OXYGN ch.49</sup>  
8:00 Peace Lutheran Church <sup>Ch.181</sup>  
9:00 First Presbyterian Church <sup>Ch.181</sup>  
9:30 Catholic Mass <sup>TV ch.5</sup>  
10:30 First United Methodist Church <sup>Ch.181</sup>  
1:30 Zion Lutheran Church <sup>Ch.181</sup>  
2:30 First St. Paul's Lutheran Church <sup>Ch.181</sup>  
4:00 Saint Marks Episcopal Church <sup>Ch.181</sup>

### All Activities Are Subject To Change

- (A) Activity Room
- (CH) Chapel
- (CS) Coffee Shop
- (CY) Courtyard
- (DR) Dining Room
- (PDR) Private Dining Room
- (PR) Puzzle Room
- (FH) Friendship Hall
- (I) Independent/Self Lead Activity
- (L) Library
- (MS) Memory Support
- (T) Theatre
- (TBA) To Be Announced
- (W) Wellness Room
- (G) 2nd Floor North Game Room

*Winter is an etching,  
spring a watercolor,  
summer an oil painting  
and autumn a mosaic  
of them all.*  
-Stanley Horowitz

The Heritage  
at College View



Popcorn & Ice Cream  
Are Available Daily

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