

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Assisted Living Week (9-11-9-16)

Catholic services-1<sup>st</sup> & 2<sup>nd</sup> Thursday

# September 2022

## Heritage at Fountain Point

Lutheran Services- 3<sup>rd</sup> and 4<sup>th</sup> T  
Thursday & Friday

<p>4</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Catholic Services on TV 8-9am – Channel 7 Lutheran Services on TV 9-10am – Channel 7 11:00am – Catholic Communion</li> <li>• <b>PM STATIONS</b> Exercise – You Tube Parachute Toss Play a game, make popcorn. Walk in MS Courtyard or</li> </ul>	<p>5</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise -Drum Cardio</li> <li>• Polka dancing</li> <li>• <b>PM STATIONS</b> Sing-along Yahtzee</li> </ul> <p>Labor Day</p>	<p>6</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise</li> <li>• Polka dancing</li> <li>• <b>PM STATIONS</b> Manicures Nails Noodle ball</li> </ul>	<p>7</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise</li> <li>• Baking-pull apart fruit put into cups</li> <li>• <b>PM STATIONS</b> Bingo Root beer float social Walk in MS Courtyard or</li> </ul>	<p>8</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• <b>PM STATIONS</b> Crafting-rubbing Leafs</li> <li>• Country Drive</li> <li>• Pictionary Game</li> </ul>	<p>9</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise</li> <li>• Polka dancing</li> <li>• <b>PM STATIONS</b> Happy Hour drinks /Appt - Play Catch, Horseshoes, or Cornhole – weather</li> <li>• Happy Hour-wings</li> </ul>	<p>10</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise</li> <li>• Polka dancing</li> <li>• <b>PM STATIONS</b> Outdoor activity of their choice Parachute Toss &amp; popcorn Movie of their choice</li> </ul> <p>Nebraska Game: 2:30 (BTN)</p>
<p>11</p> <ul style="list-style-type: none"> <li>• <b>M STATIONS</b> Catholic Services on TV 8-9am – Channel 7 Lutheran Services on TV 9-10am – Channel 7 11:00am – Catholic Communion</li> <li>• <b>PM STATIONS</b> Exercise – You Tube Parachute Toss</li> </ul> <p>2:00(community Room) Julie Singing for Grandparents Day Grandparents Day</p>	<p>12</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise- Drum Cardio</li> <li>• Polka dancing</li> <li>• <b>PM STATIONS</b> Sing-along Yahtzee</li> </ul>	<p>13</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise</li> <li>• Polka dancing</li> <li>• <b>PM STATIONS</b> Manicures Nails Noodle ball</li> </ul>	<p>14</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise</li> <li>• Baking-Monkey bread</li> <li>• <b>PM STATIONS</b> Bingo Root beer float social Walk in MS Courtyard or hall</li> </ul>	<p>15</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• <b>PM STATIONS</b> Crafting Fall pumpkin door Hangeres</li> <li>• 9:00am – Catholic Mass</li> <li>• <b>PM STATIONS</b> Country Drive</li> <li>• Match up game</li> </ul>	<p>16</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise</li> <li>• Polka dancing</li> <li>• <b>PM STATIONS</b> Happy Hour drinks /Appt - Cornhole – weather</li> <li>• Happy Hour- little cucumber sandwich – boiled eggs</li> </ul>	<p>17</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise</li> <li>• Polka dancing</li> <li>• <b>PM STATIONS</b> Outdoor activity of their choice</li> <li>• Match up games</li> </ul> <p>Oktoberfest Begins</p>
<p>18</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Catholic Services on TV 8-9am – Channel 7 Lutheran Services on TV 9-10am – Channel 7 11:00am – Catholic Communion</li> <li>• <b>PM STATIONS</b> Exercise – You Tube Parachute Toss Play a game, make popcorn. Walk in MS Courtyard or</li> </ul>	<p>19</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise Drum Cardio</li> <li>• Polka dancing</li> <li>• <b>PM STATIONS</b> Sing-along Yahtzee</li> </ul>	<p>20</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise</li> <li>• Polka dancing</li> <li>• <b>PM STATIONS</b> Manicures Nails Noodle ball</li> </ul>	<p>21</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise</li> <li>• Baking-Fruit Cups</li> <li>• <b>PM STATIONS</b> Bingo Root beer float social Walk in MS Courtyard or hall</li> </ul>	<p>22</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• <b>PM STATIONS</b> Crafting-Make necklaces and key chains</li> <li>• Country Drive</li> <li>• Pictionary Game</li> </ul> <p>Autumn Begins</p>	<p>23</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise</li> <li>• Polka dancing</li> <li>• <b>PM STATIONS</b> Happy Hour drinks /Appt - Cornhole – weather</li> <li>• Happy Hour-Chips &amp; Dips</li> </ul>	<p>24</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise</li> <li>• Polka dancing</li> <li>• <b>PM STATIONS</b> Outdoor activity of their choice Parachute Toss &amp; popcorn Movie of their choice</li> </ul>
<p>25</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Catholic Services on TV 8-9am – Channel 7 Lutheran Services on TV 9-10am – Channel 7 11:00am – Catholic Communion</li> <li>• <b>PM STATIONS</b> Exercise – You Tube Parachute Toss Play a game, make popcorn. Walk in MS Courtyard or</li> </ul>	<p>26</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise- Drum Cardio</li> <li>• Polka dancing</li> <li>• <b>PM STATIONS</b> Sing-along Yahtzee</li> </ul>	<p>27</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise</li> <li>• Polka dancing</li> <li>• <b>PM STATIONS</b> Manicures Nails Noodle ball</li> </ul>	<p>28</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise</li> <li>• Baking-Puppy Chow</li> <li>• <b>PM STATIONS</b> Bingo Root beer float social Walk in MS Courtyard or hall</li> </ul>	<p>29</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• <b>PM STATIONS</b> Crafting-Water Painting</li> <li>• Country Drive</li> <li>• Match up games</li> </ul>	<p>30</p> <ul style="list-style-type: none"> <li>• <b>AM STATIONS</b> Coffee and Reading of Radio News, The Chronicle, and a Daily Devotion</li> <li>• Exercise</li> <li>• Polka dancing</li> <li>• <b>PM STATIONS</b> Happy Hour drinks /Appt - Play Catch, Horseshoes, or Cornhole – weather</li> <li>• Happy Hour-Pies</li> </ul>	<p><b>Room Key</b> C-Coffee Shop Co- Community room LED-Activity Room D-Dining Room W-Wellness Room L-Library CY-Courtyard</p> <p><b>Activities assistance office time Monday-Friday 9:00-9:45</b></p>