

# September 2022

The Heritage  
at Fox Run

Independent Living | Assisted Living  
Memory Support

# Memory Support

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<p><b>All activities held in Dining Area unless otherwise noted.</b></p>	<p>Activities are subject to change. We will notify you as soon as possible if we are expecting a change to occur on the activity calendar. Thank you!</p>	<p><u>Staff Birthdays</u> 3 Don R 8 Alesis M 9 Mckenna M 9 Kendra A 10 Abigail W 17 Karina G 18 Kiara S 20 Sherissa C 24 Mayra P</p>	<p><u>Resident Birthdays</u>  3 Marianne K 27 Barbara S</p>	<p>1 8:30 Weather Discussion 9:30 Exercise 10:00 Walking Club 10:30 Vase Painting 2:00 Bingo 3:00 Bean Bag Bash Competition 6:00 Fall Flower Arranging</p>	<p>2 8:30 Word Finds 9:30 Exercise 10:15 Walking 10:30 Music Bingo Game 2:00 Whack em' Sticks Game 3:00 Orange Floats</p>	<p>3 8:30 9:30 Exercise 10:15 Walking Club 10:30 Coloring Pages 2:00 Bingo 3:30 Kings on the Corner Card Game 6:00 Lawrence Welk Show</p>
<p>4 8:30 Flower Arranging 9:30 Exercise Class 10:15 Walking Club 10:30 Water Color Books 2:00 Balloon Volleyball 6:00 Americas Funniest Video's</p>	<p>5 <b>Labor Day!</b> 8:30 Rise and Shine Visits 9:30 Self Lead Exercise 9:30 Catholic Communion 10:30 Coloring Pages 3:30 Frozen Snacks 6:00 Trivia</p>	<p>6 8:30 1 on 1's 9:30 Walking Club 10:30 Coloring Pages 2:00 Bingo 3:00 Bowling Competition for National Bowling Day! 6:30 Watch Wheel of Fortune</p>	<p>7 8:30 Rise and Shine Visits 9:30 Exercise 10:00 Walking Club 10:30 Puzzle Party 1:00 Town Hall Meeting 1:30 Country Drive 3:30 Ice Cream Treats 6:00 Relaxing in the Courtyard</p>	<p>8 8:30 Daily Devotions 9:30 Exercise 10:00 Walking Club 10:30 Craft Time 2:00 Bingo 3:00 Hang Man Game 6:00 Movie Night with Popcorn</p>	<p>9 8:30 Talk Current Events 9:30 Exercise 10:30 The Matching Game 2:00 Music with Rick Darrel 3:30 Sweet Treats 6:00 Coloring</p>	<p>10 8:30 Daily Devotions 9:30 Exercise 10:15 Walking Club 10:30 Coloring Pages 2:00 Bingo 3:30 Bowling 6:00 Lawrence Welk Show</p>
<p>11 8:30 Share Daily Devotions 9:30 Exercise 10:30 Walking Club 10:30 Word Searches 2:00 Kings on the Corner 6:00 Watch America's Funniest Video's</p>	<p>12 8:30 Table Cleaning 9:30 Exercise 9:30 Catholic Communion 10:30 Jig Saw Puzzles! 2:00 Craft Time 3:00 Fresh Popcorn Social 6:00 Bowling Competition</p>	<p>13 8:30 One on One Visits 9:30 Exercise 10:00 Walking Club 10:30 Nail Care 2:00 Bingo 3:00 Bean Bag Bash 6:00 Word Finds</p>	<p>14 8:30 Rise and Shine Visits 9:30 Exercise 9:30 Rosary 10:15 Walking 10:45 Church with Pastor Blodgett 2:00 Penny Ante Conversations 3:00 Alphabet Name Game 6:00 Fresh Popcorn</p>	<p>15 8:30 Coloring Pages 9:30 Exercise 10:30 Good Morning Country Drive 2:00 Music with Paul Siebert-IL 3:00 Frozen Treats 6:30 Evening Trivia</p>	<p>16 8:30 Help with Breakfast Clean Up 9:30 Exercise 10:15 Walking Club 10:30 Name 5 Game 2:00 Relaxing in the Courtyard 6:00 Lotion Hand Massages</p>	<p>17 8:30 9:30 Exercise 9:45 Walking Club 10:30 Gardening Club in the Courtyard 2:00 Bingo 3:30 Ice Cream Treats 6:00 Lawrence Welk Show</p>
<p>18 8:30 Matching Game 9:30 Exercise 10:15 Walking Club 10:30 Chicken Soup for the Soul Reading 2:00 September Trivia 6:00 Watch America's Funniest</p>	<p>19 8:30 1 on 1's 9:30 Exercise 9:30 Catholic Communion 10:15 Walking 10:30 Craft Time 2:00 Music with Joyce Torchia-IL 3:30 Root Beer Floats 6:00 Reminisce</p>	<p>20 8:30 Daily Devotions 9:30 Exercise 10:15 Walking 10:30 Nail Care 2:00 Bingo 3:00 Sing A Long 6:00 Movie Night</p>	<p>21 9:30 Exercise 9:30 Rosary 10:00 Walking Club 10:30 Balloon Volleyball 1:30 Scatter Joy Acres Pet Visits 2:00 Country Drive 3:30 Kings on the Corner 6:00 Trivia</p>	<p>22 8:30 Flower Arranging 9:30 Exercise 10:00 Walking Club 10:45 Leave for Lunch at Tish's 2:00 Bingo 3:00 Card Games 6:00 Milk and Cookies</p>	<p>23 8:30 1 on 1's 9:30 Exercise 10:15 Walking Club 10:30 Did you Know??? 2:00 Music with Walt Werre-IL 3:30 Root Beer Floats 6:00 Popcorn and a Movie-Red Panda!!!</p>	<p>24 8:30 Word Finds 9:30 Parachute 10:15 Walking Club 10:30 Puzzle Time 2:00 Bingo 6:00 Lawrence Welk Show Lawrence Welk</p>
<p>25 8:30 Sock Pairing 9:30 Exercise 10:15 Walking 10:30 Share Stories About Cats and Dogs 2:00 Balloon Volleyball 6:00 Watch America's Funniest Video's</p>	<p>26 8:30 Rise and Shine Visits 9:30 Exercise 9:30 Catholic Communion 10:15 Walking Club 10:30 JINGO 2:00 Get to Know Your Neighbor Fern! 3:00 Fresh Popcorn 6:00 Bowling</p>	<p>27 8:30 Wake Up and Walk 9:30 Exercise 10:00 Walking Club 10:30 Bowling 2:00 Bingo 3:00 Snack Social and Kings on the Corner 6:00 Popcorn Social</p>	<p>28 8:30 Flower Arranging 9:30 Exercise 9:30 Rosary 10:00 Walking Club 10:45 Church with Pastor Blodgett 2:00 Frozen Treats 3:00 Coloring Pages 6:30 Watch Wheel of Fortune</p>	<p>29 8:30 Sock Pairing 9:30 Exercise 10:00 Walking Club 10:30 Baking Class 2:00 Bingo 3:00 Eat our Cookies! 6:30 White Board Wheel of Fortune</p>	<p>30 8:30 1 on 1's 9:30 Exercise 10:15 Walking Club 10:30 Parachute Game 2:00 Country Drive and Stop for Ice Cream!!! 3:00 Card Games 6:00 Popcorn Social</p>	<p style="background-color: orange;"> </p>

