










Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 4em; color: #e67e22; font-family: cursive;">October 2022</h1>						<p>1</p> <p>8:15 Breakfast 9:45 Daily Chronicles 10:00 Volley/Kickball 11:00 Bingo 12:15 Lunch 1:30 Madeline Plays 2:30 Creativity Time 3:15 Matinee and Popcorn 5:00 Dinner 6:15 Cards</p>
<p>2</p> <p>8:15 Breakfast 9:30 Chair Yoga 10:15 Church on Playlist 11:30 Communion Service with Father Tony 12:15 Lunch 1:30 My Choice 2:30 Sunday Sundaes 3:30 Trivia Time! 5:00 Dinner 6:15 Sing Along Hymns</p>	<p>3</p> <p>8:15 Breakfast 10:15 Brain Games 10:45 Exercise Time! 11:15 Prize BINGO 12:15 Lunch 1:30 My Choice 3:00  MUSIC, MOVEMENT & MEMORY™ WITH SHANNON WALLACE, CDP 4:00 Puzzle Time! 5:00 Dinner 6:30 Hand Massage</p>	<p>4</p> <p>8:15 Breakfast 9:45 Coffee & Chronicles 10:15 Balloon Volleyball 10:45 Kitchen Creations! 12:15 Lunch 1:30 Madeline Plays 2:30 Manicures 5:00 Dinner 6:00 Sing Along</p>	<p>5</p> <p>8:15 Breakfast 9:45 Daily Chronicles 10:00 Bend and Stretch 10:45 Craft Time 12:15 Lunch 1:30 Matinee and Popcorn 3:00  MUSIC, MOVEMENT & MEMORY™ WITH SHANNON WALLACE, CDP 4:00 Joke Time! 5:00 Dinner 6:30 Soft Music</p>	<p>6</p> <p>8:15 Breakfast 9:45 "Joggin' Your Noggin" 10:15 Chair Yoga 11:00 Uno 12:15 Lunch 1:30 iN2L 2:30 Tim Hern – Live!  3:30 Let's Walk 5:00 Dinner 6:15 Sing Along</p>	<p>7</p> <p>8:15 Breakfast 9:45 "I Remember That" 10:30 LIVE!  MUSIC, MOVEMENT & MEMORY™ WITH SHANNON WALLACE, CDP 12:15 Lunch 1:30 Reading w/Linda 2:30 Social Hour w/Hits of the 50s 5:00 Dinner 6:00 Hot Tea</p>	<p>8</p> <p>8:15 Breakfast 9:45 Daily Chronicles 10:00 Volley/Kickball 11:00 Bingo 12:15 Lunch 1:30 Madeline Plays 2:30 Live Music w/Singer & Guitarist Alesa Gillian 3:45 Matinee and Popcorn 5:00 Dinner 6:15 Cards</p>
<p>9</p> <p>8:15 Breakfast 9:30 Chair Yoga 10:15 Church on Playlist 11:30 Communion Service with Father Tony 12:15 Lunch 1:30 My Choice 2:30 Sunday Sundaes 3:30 Trivia Time! 5:00 Dinner 6:15 Sing Along Hymns</p>	<p>10</p> <p>8:15 Breakfast 10:15 Brain Games 10:45 Exercise Time! 11:15 Prize BINGO 12:15 Lunch 1:30 My Choice 3:00  MUSIC, MOVEMENT & MEMORY™ WITH SHANNON WALLACE, CDP 4:00 Puzzle Time! 5:00 Dinner 6:30 Hand Massage</p>	<p>11</p> <p>8:15 Breakfast 9:30 Coffee & Chronicles 10:00 No-Bake Baking w/Dottie 12:15 Lunch 1:30 Madeline Plays 2:30 Manicures 2:30 Guitar and Songs by Pastor Dave of Word of Life Church (AL) 5:00 Dinner 6:00 Sing Along</p>	<p>12</p> <p>8:15 Breakfast 9:45 Daily Chronicles 10:00 Bend and Stretch 10:45 Craft Time 12:15 Lunch 1:30 Matinee and Popcorn 3:00  MUSIC, MOVEMENT & MEMORY™ WITH SHANNON WALLACE, CDP 4:00 Joke Time! 5:00 Dinner 6:30 Soft Music</p>	<p>13</p> <p>8:15 Breakfast 9:45 "Joggin' Your Noggin" 10:15 Chair Yoga 10:45 Jocelyn the Harpist 12:15 Lunch 1:30 iN2L 3:30 Let's Walk 5:00 Dinner 6:15 Sing Along</p>	<p>14</p> <p>HAPPY BIRTHDAY, ANDY! 8:15 Breakfast 9:45 "I Remember That" 10:30 LIVE!  MUSIC, MOVEMENT & MEMORY™ WITH SHANNON WALLACE, CDP 12:15 Lunch 1:30 Reading w/Linda 2:30 Happy Hour w/Julius Aguilar 5:00 Dinner 6:00 Hot Tea</p>	<p>15</p> <p>8:15 Breakfast 9:45 Daily Chronicles 10:00 Volley/Kickball 11:00 Bingo 12:15 Lunch 1:30 Madeline Plays 2:30 Creativity Time 3:15 Matinee and Popcorn 5:00 Dinner 6:15 Cards</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>16</p> <p>8:15 Breakfast</p> <p>9:30 Chair Yoga</p> <p>10:15 Church on Playlist</p> <p>11:30 Communion Service with Father Tony</p> <p>12:15 Lunch</p> <p>1:30 My Choice</p> <p>2:30 Sunday Sundaes</p> <p>3:30 Trivia Time!</p> <p>5:00 Dinner</p> <p>6:15 Sing Along Hymns</p>	<p>17</p> <p>8:15 Breakfast</p> <p>10:15 Brain Games</p> <p>10:45 Exercise Time!</p> <p>11:15 Prize BINGO</p> <p>12:15 Lunch</p> <p>1:30 My Choice</p> <p>3:00  MUSIC, MOVEMENT & MEMORY WITH SHANNON WALLACE, CDP</p> <p>4:00 Puzzle Time!</p> <p>5:00 Dinner</p> <p>6:30 Hand Massage</p>	<p>18</p> <p>8:15 Breakfast</p> <p>9:45 Coffee & Chronicles</p> <p>10:15 Balloon Volleyball</p> <p>10:45 Kitchen Creations!</p> <p>12:15 Lunch</p> <p>1:30 Madeline Plays</p> <p>2:30 Taco Tuesday</p> <p>5:00 Dinner</p> <p>6:00 Sing Along</p>	<p>19</p> <p>8:15 Breakfast</p> <p>9:45 Daily Chronicles</p> <p>10:00 Bend and Stretch</p> <p>10:45 Craft Time!</p> <p>12:15 Lunch</p> <p>1:30 Matinee and Popcorn</p> <p>3:00  MUSIC, MOVEMENT & MEMORY WITH SHANNON WALLACE, CDP</p> <p>4:00 Joke Time!</p> <p>5:00 Dinner</p> <p>6:30 Soft Music</p>	<p>20</p> <p>8:15 Breakfast</p> <p>9:45 "Joggin' Your Noggin"</p> <p>10:30 Tim Hern – Live!</p> <p></p> <p>11:00 Checkers</p> <p>12:15 Lunch</p> <p>1:30 Art w/Teresa</p> <p>3:30 Let's Walk</p> <p>5:00 Dinner</p> <p>6:15 Sing Along</p>	<p>21</p> <p>8:15 Breakfast</p> <p>9:45 "I Remember That"</p> <p>10:30 LIVE!  MUSIC, MOVEMENT & MEMORY WITH SHANNON WALLACE, CDP</p> <p>12:15 Lunch</p> <p>1:30 Reading w/Linda</p> <p>2:30 Happy Hour w/Singer Julius Aguilar (AL)</p> <p>5:00 Dinner</p> <p>6:00 Hot Tea</p>	<p>22</p> <p>8:15 Breakfast</p> <p>9:45 Daily Chronicles</p> <p>10:00 Volley/Kickball</p> <p>11:00 Bingo</p> <p>12:15 Lunch</p> <p>1:30 Madeline Plays</p> <p>2:30 Creativity Time</p> <p>3:15 Matinee and Popcorn</p> <p>5:00 Dinner</p> <p>6:15 Cards</p>
<p>23</p> <p>8:15 Breakfast</p> <p>9:30 Chair Yoga</p> <p>10:15 Church on Playlist</p> <p>11:30 Communion Service with Father Tony</p> <p>12:15 Lunch</p> <p>1:30 My Choice</p> <p>2:30 Sunday Sundaes</p> <p>3:30 Trivia Time!</p> <p>5:00 Dinner</p> <p>6:15 Sing Along Hymns</p>	<p>24</p> <p>8:15 Breakfast</p> <p>10:15 Brain Games</p> <p>10:45 Exercise Time!</p> <p>11:15 Prize BINGO</p> <p>12:15 Lunch</p> <p>1:30 My Choice</p> <p>3:00  MUSIC, MOVEMENT & MEMORY WITH SHANNON WALLACE, CDP</p> <p>4:00 Puzzle Time!</p> <p>5:00 Dinner</p> <p>6:30 Hand Massage</p>	<p>25</p> <p>8:15 Breakfast</p> <p>9:30 Coffee & Chronicles</p> <p>10:00 No-Bake Baking w/Dottie</p> <p>12:15 Lunch</p> <p>1:30 Madeline Plays</p> <p>2:30 Manicures</p> <p>4:00 Chair Dancing</p> <p>5:00 Dinner</p> <p>6:00 Sing Along</p>	<p>26</p> <p>8:15 Breakfast</p> <p>9:45 Daily Chronicles</p> <p>10:00 Bend and Stretch</p> <p>10:45 Craft Time!</p> <p>12:15 Lunch</p> <p>1:30 Matinee and Popcorn</p> <p>3:00  MUSIC, MOVEMENT & MEMORY WITH SHANNON WALLACE, CDP</p> <p>4:00 Joke Time!</p> <p>5:00 Dinner</p> <p>6:30 Soft Music</p>	<p>27</p> <p>8:15 Breakfast</p> <p>9:45 "Joggin' Your Noggin"</p> <p>10:30 Live Music w/Donna Cox</p> <p>11:00 Board Games</p> <p>12:15 Lunch</p> <p>1:30 in2L</p> <p>2:30 Let's Cook!</p> <p>3:30 Let's Walk</p> <p>5:00 Dinner</p> <p>6:15 Sing Along</p>	<p>28</p> <p>8:15 Breakfast</p> <p>9:45 "I Remember That"</p> <p>10:30 LIVE!  MUSIC, MOVEMENT & MEMORY WITH SHANNON WALLACE, CDP</p> <p>12:15 Lunch</p> <p>1:30 Reading w/Linda</p> <p>2:30 Birthday Happy Hour w/Singer April Yeager (AL)</p> <p>5:00 Dinner</p> <p>6:00 Hot Tea</p>	<p>29</p> <p>8:15 Breakfast</p> <p>9:45 Daily Chronicles</p> <p>10:00 Volley/Kickball</p> <p>11:00 Bingo</p> <p>12:15 Lunch</p> <p>1:30 Madeline Plays</p> <p>2:30 Creativity Time</p> <p>3:15 Matinee and Popcorn</p> <p>5:00 Dinner</p> <p>6:15 Cards</p>
<p>30</p> <p>8:15 Breakfast</p> <p>9:30 Chair Yoga</p> <p>10:15 Church on Playlist</p> <p>11:30 Communion Service with Father Tony</p> <p>12:15 Lunch</p> <p>1:30 My Choice</p> <p>2:30 Sunday Sundaes</p> <p>3:30 Trivia Time!</p> <p>5:00 Dinner</p> <p>6:15 Sing Along Hymns</p>	<p>31</p> <p>8:15 Breakfast</p> <p>10:15 Brain Games</p> <p>10:45 Exercise Time!</p> <p>11:15 Prize BINGO</p> <p>12:15 Lunch</p> <p>1:30 My Choice</p> <p>3:00  MUSIC, MOVEMENT & MEMORY WITH SHANNON WALLACE, CDP</p> <p>4:00 Puzzle Time!</p> <p>5:00 Dinner</p>	<p style="text-align: center;">October Fun Facts:</p> <ul style="list-style-type: none"> This month's name stems from Latin octo, "eight," because this was the eighth month of the early Roman calendar. When the Romans converted to a 12-month calendar, the name October stuck despite that fact that it's now the 10th month. October's birthstone is the opal. Gem-quality opals are known for their play of color, caused by the diffraction of light. They are available in several types, including black, fire, and white opals. Common opals do not shimmer. Opals symbolize hope and purity and were once thought to improve eyesight or enhance intuition. Throughout history, the gem's reputation has oscillated between standing for luck and standing for lack of luck. 				<p>Activities Key</p> <p>Active</p> <p>Cognitive/Sensory</p> <p>Creative</p> <p>Social</p> <p>Spiritual</p> <p>Portraits & Tasks</p>