

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

CR2- Card room 2nd floor**
 AR2- Activity Room 2nd floor**
 SR2- Sunroom 2nd floor**
 AR1- Activity Room 1st floor**
 T -Theater**
 CS- Coffee Shop**
 CY- Courtyard**
 G- Gym**
 GR1-Game room 1st floor**
 DR- Dining Room**
 L- Lobby**



1
 9:30 *National Cinnamon Day at Coffee Connection-CS
 10:30 Left, Center,Right -AR2
 1:30 Chair fitness w/Debbie -G
 3:00 Bingo -AR2
 5:00 Movie -T

2
 9:30 Manicures & Mimosas - AR2
 10:00 Fry's Shopping
 1:00 Farkle -CR2
 2:00 Music & Movement with Shannon -SR2
 5:00 Movie -T

3
 9:00 Morning exercise -G
 9:30 Coffee Connection -CS
 11:00 Communion (Protestant) -T
 12:00 Ambassador Meeting -AR1
 2:30 BINGO -AR2
 5:00 Movie -T

4
 9:30 Fitness Fun w/Amanda -G
 10:00 Walmart Shopping
 10:30 Left,Center,Right -AR2
 2:00 Social Hour w/ Accordion Player Bob Doszak -DR
 5:00 Movie -T

5
 9:30 Sit-N-Be Fit -G
 10:30 BINGO -AR2
 1:30 Let's Bake *National Donut Day -AR1
 2:30 Cornhole -SR2
 5:00 Movie -T

6
 8:30 Catholic Mass - T
 9:30 Coffee connection-CS
 10:00 CCV Livestream -T
 11:00 Morning Movement -G
 1:00 Bingo- AR2
 2:30 Movie Matinee - T

7
 9:30 Fitness Fun w/Amanda -G
 9:30 Catholic Communion -T
 10:30 Ping Pong -GR1
 1:00 Let's Chat w/ Prof. Floyd -AR2
 2:00 Virtual Music & Movement w/Shannon -T
 3:00 Coloring Club -AR2
 5:00 Movie -T

8
 9:30 Left, Center,Right -AR2
 12:00 November Birthday Lunch -AR1
 1:30 Chair fitness w/Debbie -G
 3:00 BINGO -AR2
 5:00 Movie -T

9
 10:00 Dollar Tree Shopping
 10:30 Coffee w/ the E.D. -CS
 1:00 Farkle -CR2
 2:00 Music & Movement with Shannon -SR2
 3:00 Wine-Down Wednesday -CS
 5:00 Movie -T

10
 9:00 Morning exercise -G
 9:30 Coffee Connection -CS
 10:30 Christian Worship Services -T
 1:00 Activity Meeting -T
 2:30 *National Vanilla Cupcake Day at BINGO -AR2
 5:00 Movie -T

11
 9:30 Fitness Fun w/Amanda -G
 10:00 Walmart Shopping
 10:30 Left,Center,Right -AR2
 2:00 Social Hour duo w/ Cello/Piano Player -L
 5:00 Movie -T

12
 9:30 Sit-N-Be Fit -G
 10:30 UNO -CR2
 1:00 BINGO -AR2
 2:30 Cornhole -SR2
 5:00 Movie -T

Daylight Saving Time Ends

Veterans Day
Remembrance Day (Canada)

13
 8:30 Catholic Mass - T
 9:30 Coffee connection-CS
 10:00 CCV Livestream -T
 11:00 Morning Movement -G
 1:00 Bingo- AR2
 2:30 Movie Matinee - T

14
 9:30 Fitness Fun w/Amanda -G
 10:30 Ping-Pong -GR1
 1:00 New Resident Orientation -AR1
 3:00 Coloring Club -AR2
 5:00 Movie-T

15
 9:30 Left, Center, Right -AR2
 1:30 Chair fitness w/Debbie -G
 2:30 Coloring Club -AR2
 3:30 National Raisin Bran Cereal at Bingo -AR2
 5:00 Movie -T

16
 9:30 Wii Bowling -T
 10:30 Arrowhead Mall-walk Outing
 1:00 Lets get crafty w/Heather -AR2
 2:00 Roll-A-Word Game -AR2
 3:00 Wine-Down Wednesday -CS
 5:00 Movie -T

17
 9:00 Morning exercise -G
 9:30 Coffee Connection -CS
 10:30 Christian Worship Services -T
 2:30 Movie-Matinee -T
 5:00 Fall Themed Dinner -DR

18
 9:30 Fitness Fun w/Amanda -G
 10:00 Walmart Shopping
 10:30 Left,Center,Right -AR2
 2:00 Social Hour Concert w/ Shannon Wallace -DR
 5:00 Movie -T

19
 9:30 Sit-N-Be Fit -G
 10:30 BINGO -AR2
 1:30 Let's Bake! -AR1
 2:30 Cornhole -SR2
 5:00 Movie -T

20
 8:30 Catholic Mass - T
 9:30 Coffee connection-CS
 10:00 CCV Livestream -T
 11:00 Morning Movement -G
 1:00 Bingo- AR2
 2:30 Movie Matinee - T

21
 9:30 Fitness Fun w/Amanda -G
 9:30 Catholic Communion -T
 10:30 Chef's Chat -DR
 2:00 Virtual Music & Movement w/Shannon -T
 3:00 *National Gingerbread cookie day at Coloring Club -AR2
 5:00 Movie -T

22
 9:30 Left, Center,Right -AR2
 11:00 Dillons Lunch Outing \$\$ (sign-up)
 1:30 Chair fitness w/Debbie -G
 3:30 BINGO -AR2
 5:00 Movie -T

23
 9:30 Wii Bowling -T
 10:30 Roll-A-Word Game -AR2
 2:00 Music & Movement with Shannon -SR2
 3:00 Wine-Down Wednesday-CS
 5:00 Movie -T



25
 9:30 Fitness Fun w/Amanda -G
 10:00 ROSS Department Store Shopping \$ (Sign-up)
 10:30 -Left,Center,Right -AR2
 2:00 Social hour w/ Piano Player Gloria -L
 5:00 Movie -T

26
 9:30 Sit-N-Be Fit -G
 10:30 UNO -CR2
 1:00 BINGO -AR2
 2:30 Cornhole -SR2
 5:00 Movie -T

27
 8:30 Catholic Mass - T
 9:30 Coffee connection-CS
 10:00 CCV Livestream -T
 11:00 Morning Movement -G
 1:00 *National Bavarian Cream Pie Day at Bingo- AR2
 2:30 Movie Matinee - T

28
 9:30 Fitness Fun w/Amanda -G
 10:30 Ping-Pong -GR1
 1:00 Let's Paint! -AR2
 2:00 Virtual Music & Movement w/Shannon -T
 3:00 Coloring Club -AR2
 5:00 Movie

29
 10:30 Left, Center,Right -AR2
 1:30 Chair fitness w/Debbie -G
 3:00 Bingo -AR2
 4:00 -Resident Town Hall -AR2
 5:00 Movie -T

30
 10:00 Westgate-Walk Outing \$ (Sign-up)
 1:00 Farkle -CR2
 2:00 Music & Movement with Shannon -SR2
 3:00 Chica's Chit-Chat w/ Stacey -DR
 5:00 Movie -T

November 2022