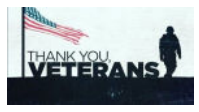
The Heritage at Northern Hills — Assisted November

SUN	MON	TUES	WED	THURS	FRI	SAT
		1. 9:30– Chicken Soup For the Soul Book Club in Lobby 10:15-Fareway 12:30-Skipbo 2:45 Happy Hour (L) 3:00 Sing A long with Carole H in Lobby	2. 9:30– Chicken Soup For the Soul Book Club in Lobby 10:10 Exercise Class (AR) 10:30-Hot Cocoa 12:45 Bingo (AR) 2:00 Movie & Popcorn A Bridge Too Far	3. 9:30 Manicures (AR) 10:30 Coffee & Chat 12:45-Quiddler Word Game CS 3:00 Grief Group– Meet in Coffee Shop	4. 10:10 Exercise Class (AR) 10:45 Hot Cocoa 12:45 Candy Bingo 2:00 Food Council 2:30 Fall Wreath Craft	5. 9:00-5:00 Western 1:00 Hand & Foot 6:00 Lawrence Welk Ch. 6
6. Daylight Savings Worship Channel 71 1:00 Cards(EC1B) 3:00 Self Led Mens Group-Topic is Cars (L)	7. 10:10 Exercise Class 10:45 Hot Cocoa 12:45 LCR 2:00 Catholic Communion 3:00 Men's Beer & Chat	8. 9:30– Chicken Soup For the Soul Book Club in Lobby 10:15-Aldi's 12:30-Dominos 2:45 Happy Hour (L) 	9. 9:30– Chicken Soup For the Soul Book Club in Lobby 10:10 Exercise Class (AR) 10:30 Hot Cocoa 12:45 Bingo (AR) 2:00 Movie & Popcorn Heartbreak Ridge	10. 9:30 Manicures (AR) 10:30– Calvary Lutheran w/ Pastor Travis 12:45-Checkers 2:30-Fall Coloring & Word Finds	11. Veteran's Day  10:10 Exercise Class (AR) 10:45 Hot Cocoa 12:45 Candy Bingo 2:00 Veteran's Day Party	12. 9:00-5:00 Western Shows Ch. 41 & 55 1:00 Hand & Foot 6:00 Lawrence Welk Ch. 6
13. Worship Channel 71 1:00 Cards(EC1B) 3: 00 Self Led Mens Group-Topic is Music	14. 10:10 Exercise Class 10:40 Garden Club 12:45-Skipbo 2:00 Catholic Communion 3:00—Women's Wine and Chat	15. 9:30– Chicken Soup For the Soul Book Club in Lobby 10:15-Walmart 12:30 Quiddler Word Game 2:45 Happy Hour (L) 	16. 9:30– Chicken Soup For the Soul Book Club in Lobby 10:00 Exercise Class (AR) 10:45 Hot Cocoa 12:45-Bingo 2:30 Popcorn & Trivia	17. 9:30 Manicures (AR) 10:30– Coffee & Chat 1:30 Scenic Drive 2:30 Bingo Bucks Store Open 2:45 Soap Making w/ Brittany	18. 10:10 Exercise Class (AR) 10:45 Hot Cocoa 1:00– Karaoke in Lobby with Troy Trougbah 2:30-Candy Bingo 	19. 9:00-5:00 Western Shows Ch. 41 & 55 1:00 Cards (EC1B) 6:00 Lawrence Welk Ch. 6
20. Worship Channel 71 1:00 Cards (A) 3:00 Self Led Mens Group-Topic is Careers	21. 9:00-Current Events and Weather Lobby 10:10 Exercise Class (AR) 10:45 Hot Cocoa 12:45-Table topics 2:00 Catholic Communion 3:00-Thanksgiving Trivia & Games	22. 9:30– Chicken Soup For the Soul Book Club in Lobby 10:15-Hyvee 12:45 Remember When Game 2:45 Happy Hour (L) 	23. 9:30– Chicken Soup For the Soul Book Club in Lobby 10:10 Exercise Class 10:45 Hot Cocoa 12:45 Bingo (AR) 2:00 Thanksgiving Party in Lobby w/ Harp Player Tamala	24. Office Closed for Holiday 1:00 Hand & Foot Card Game (EC) 2:00 Lobby & Chat Macys Day Parade	25. 10:10 Exercise Class (AR) 10:45 Hot Cocoa 12:45 Candy Bingo 2:00-Card Game in Country Store 3:00 Iowa VS Nebraska on FOX 	26. 9:00-5:00 Western Shows Ch. 41 & 55 1:00 Entertainment with Dani & Gary in Lobby 6:00 Lawrence Welk Ch. 6
27. Worship Channel 71 10:00 1:00 Cards (EC1B) 3:00 Self Led Mens Group-Topic is Cars (L)	28. 9:00-Current Events and Weather Lobby 10:10 Exercise Class 10:45 Hot Cocoa 12:45-Memory Matching Game 2:00 Catholic Communion 3:00 Uno	29. 9:30– Chicken Soup For the Soul Book Club in Lobby 10:15-Fareway 12:45 Game--Sorry 2:00 Resident Council –DR 2:45Happy Hour (L) 	30. 9:30– Chicken Soup For the Soul Book Club in Lobby 10:10 Exercise Class 10:45 Hot Cocoa 12:[illegible] 2:00 Scenic Drive			Color Key Light Blue– Religious Green– Game Orange– Entertainment Red– Outing Purple–Other Activities
		Resident Birthdays 7th Clayton 9th Judy W 16th Eugen 30th Susan		**Staff Anniversaries** 1st Erica 15th Drake	**Staff Birthdays** 5th Erica 6th Kelli 22nd Leah 28th Christy 30th Kristin	**LOCATION KEY** Activity Room=AR Coffee Shop=CS Courtyard=CY Dining Rm.=DR EndCap 1B=EC1B Lobby=L

NOVEMBER

CORNUCOPIA
FAMILY
FEAST
FOOD
GOURDS
HUNTING
INDIANS
MAIZE
MEAL
PIE
PILGRIMS
POTATOES
SCARECROW
SHARING
THANKSGIVING
TURKEY

P T H S D R U O G F O O D A L
A I N D I A N S I G A S K N A
I V E I N G T U H R K M E Y E
P I L G R I M S R A A H I S M
O N H I S C A R E C R O W L P
C A U T E O I S P I L I T O Y
U A N M L A Z F E A S T N R G
N I T Z E Y E K R U T H U G N
R S I G N I V I G S K N A H T
O T N D C R N U C O F G N I T
C F G O O P O T A T O E S A E

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