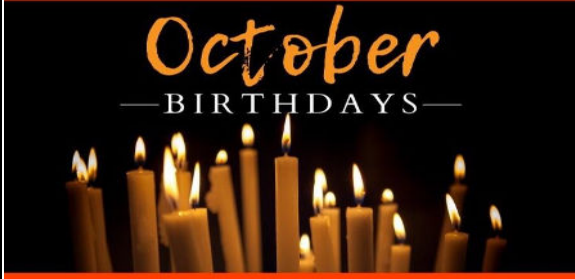


The Heritage
at Northern Hills

Independent

October

SUN	MON	TUES	WED	THURS	FRI	SAT
1. Worship Channel 71 1:00 Cards (A) 6:00 Movie Night–Dead Poets Society 	2. 10:00-Exercise- 1:00 Cards 2:00 Bingo-DR 3:15 Catholic Communion-L 3:15 Coffee by the fire-place 4:00 Book Club	3. 10:00 Walmart 1:00 Manicures in the Library  1:00 Cards 2:00 Scenic Drive Must Sign up	4. 10:00-Exercise-A 1:00 Cards (A) 2:00 Bingo  3:15 Yahtzee 	5. 10:00-Bible Study w/Laura 12:30 Corner Store 1:00 Cards 1:00 Wii Bowling G) 2:30 Happy Hour- 	6. 10:00 –Exercise A 1:00—Cards-A 1:00-Egyptian Lime Sparkler Craft-L 2:45 Food Council-L	7. 9:00-5:00 Westerns channels 41 & 55 1:00 Cards (A) 3:00 Lobby Chat (Resident Led) 
8. Worship Channel 71 1:00 Cards (A) 6:00 Movie Night–Tootsie 	9. 10:00-Exercise- 1:00 Cards 2:00 Bingo-DR 3:15 Catholic Communion-L 3:15 Coffee by the Fire-place	10. 10:15 Fareway 12:30 Manicures in the Library  1:00 Cards 2:30 Sing A Long-A 	11. 10:00-Exercise 1:00 Cards (A) 1:30 City Wide Bingo  3:15 LRC for nickels	12. 10:00-Bible Study w/Laura 12:30 Corner Store 1:00 Wii Bowling 1:00 Cards 2:30 Happy Hour 	13. 10:00 –Exercise A 1:00—Cards (A) 1:00-Popcorn on Garden Level 2:00 Witch Hat Door Craft –L Sign Up 	14. 9:00-5:00 Westerns channels 41 & 55 1:00 Cards (A) 3:00 Lobby Chat (Resident Led)
15. Worship Channel 71 1:00 Cards (A) 6:00 Movie Night-Gran Torino	16. 10:00 Exercise 1:00-Dementia Friendly Presentation by Chris Kutcha-DR 2:15– BINGO (DR) 3:15–Catholic Communion 4:00 Men's Night w/ Appetizers & Beer	17. 10:15 HyVee 1:00 Manicures in Library  1:00—Cards (A) 3:30 Entertainment by Barry Trunk	18. 10:00-Exercise (AR) 1:00 Cards (A) 2:00 Bingo  3:15 Mexican Train Dominoes	19. 10:00-Bible Study w/Laura 12:30 Corner Store 1:00– Cards (A) 1:00 Wii Bowling 2:30 Happy Hour-DR 	20. 10:00 –Exercise A 1:00—Cards (A) 1:30-Pumpkin Frame Craft-Sign Up 3:00 Book Club	21. 9:00-5:00 Westerns channels 41 & 55 1:00 Cards 3:00 Lobby Chat (Resident Led)
22. Worship Channel 71 1:00 Cards (A) 6:00 Movie Night-Major League 	23. 10:00 Exercise 1:00– Cards (A) 2:00– BINGO (DR) 3:15– Coffee by the Fire-place. 4:00 Women's Night w/ Appetizers and wine 	24. 10:15 Aldis 1:00 Manicures in Library  1:00—Cards (A) 2:30 Ghost Mop Craft 	25. 10:00-Exercise (AR) 1:00 Lutheran Communion 1:00 Cards (A) 2:00 Bingo  3:15 Rummikub	26. 10:00-Bible Study w/Laura 12:30 Corner Store 1:00 Cards 1:00 Wii Bowling G) 2:30 Happy Hour-DR 	27. 10:00 –Exercise A 1:00—Cards (A) 4:30 Friends & Family Event-DR 	28. 9:00-5:00 Westerns channels 41 & 55 1:00 Cards 3:00 Lobby Chat (Resident Led)
29. Worship Channel 71 1:00 Cards (A) 6:00 Movie Night–The Omen 	30. 10:00 Exercise (AR)- 1:00 Cards-A 2:00 Bingo (DR) 3:15 Catholic Communion 5:30 Trunk or Treat in the parking lot	31. 10:15 Fareway 1:00 Manicures in Library  1:00—Cards (A) 4:00 Caseys Pizza Night \$5				
		<u>Resident Birthdays</u> 4th Janna 5th Julie 8th Pat P 12th Delores 13th Paul C 28th Jan S	<u>Staff Birthdays</u> 9th Yanet 22nd Fallon 22nd Jesse 	Red=Outing Green=Game Pink=Social Purple=Other Orange= Entertainment Blue=Religious	<u>Room Key</u> DR=Dining Room A=Atrium G=Garden Level L=Library 	<u>Attention</u> There will NOT be Catholic Communion Oct 23rd. 