


November 2023



Monday, November 20th

8:00 Breakfast	1:00 Comedy hour
10:00 Exercise class	2:15 Name 10
10:30 Hydration Hour/snack	3:00 Music BINGO
10:45 Gratitude Game	4:30 Set Dinner Table
11:00 Independent	5:00 Dinner
Engagement Tables	6:15 Bowling
12:00 Lunch	6:45 Puzzles
	7:30 Game show night

Friday, November 24th


8:00 Breakfast	1:00 Guitar Music with Richard Hunt
10:00 Yoga with Elaine	2:15 Beauty Hair Day
10:15 Refreshments/Snack	3:30 Walking Club
10:30 Animal Talk : Turkey 	4:30 Set tables & fill drinks
11:00 Independent	5:00 Dinner
Engagement Tables	6:15 Reading Club: Staff Choice
12:00 Lunch	7:30 PM snack: popcorn




Tuesday, November 21st

8:00 Breakfast	1:00 Sing-A-Long
10:00 Exercise	2:00 Bean Bag Toss BINGO
10:30 Bible Stories	3:30 Walking Club
11:00 Balloon Volleyball	4:30 Set tables & fill drinks
11:30 Music and Massage	5:00 Dinner
11:45 Set the Tables	6:30 Craft Corner: Corn
12:00 Lunch 	7:30 PM snack: popcorn


Saturday, November 25th

8:00 Breakfast	1:00 Sing-a-long
10:00 Morning Exercise	2:15 Learning the Presidents: John Adams
10:30 AM snack/drinks	3:00 Bean Bag toss
10:45 BINGO 	4:30 Set Tables & fill drinks
11:30 Set tables	5:00 Dinner
12:00 Lunch	6:30 Who am I?
	7:00 PM snack: Popcorn

Wednesday, November 22nd

8:00 Breakfast	1:00 Easy Listening Music
10:00 Scenic Drive 	1:30 Craft with Vicki: Fall water Colors
12:00 Lunch	2:30 Happy Hour with Johnny Ray Gomez in AL
	3:45 PM Stretching
	4:00 Balloon Volleyball
	4:30 Music: Frank Sinatra
	5:00 Dinner
	6:15 Popcorn & Movie Night

Sunday, November 26th

8:00 Breakfast	1:00 Music in the lobby
10:00 Seated Exercise Class	2:15 Bible verses & guess who
10:30 Mass on TV-Channel 9	3:00 PM Snack: Staff Choice
11:00 Hymn Sing-A-Long	3:30 Old Time Favorites
11:30 Set tables & fill drinks	4:30 Set Tables & fill drinks
12:00 Lunch 	5:00 Dinner
	6:15 BINGO and Candy Prizes
	7:30 PM snack: popcorn

Thursday, November 23rd

Happy Thanksgiving

8:00 Breakfast	1:00-Music: Aretha Franklin
10:00 Exercise	2:00 Dipping Carmel apples
10:45 Thanksgiving Jokes	3:30 Turkey Trot
11:00 Thanksgiving Trivia and Quiz	4:30 Set tables & fill drinks
12:00 Thanksgiving Day Lunch	5:00 Dinner
	6:15 The History of Thanksgiving
	7:30 Word Search

