

| Heritag  | ge   | Jan   | lua   | ry  | <u> 20</u>  | 24   |
|--|--|---|---|---|---|--|
| SUN  | MON  | TUES  | <b>WED</b>  | THURS   | FRI   | SAT  |
| Room Key AR=Activity Room BN=Birds Nest C=Chapel CS=Coffee Shop CM=Comm. Room CY=Courtyard D=Dining Room G=Game Room P=Pub L=Lobby Lib= Library T=Theatre WR=Wellness Room | Year's Day 9:30(WR) Resident Led Exercise Class 1:30(G) Shuffle- Board 2:30(CS)Coffee & Cards of your choice 4:30(DR)New Year's Day Buffet 6:00 (L) Music of the season in the air   | 9:30 (WR) Tai Chi<br>with Paula<br>10:15(Lib)<br>Chicken Soup for<br>the Soul<br>1:00 Manicures<br>(Sign Up)<br>6:00(L) Sing-a-<br>long                                     | 9:30(WR) Exercise 10:15(CS) Coffee Talk 11-12:00(P) Corner Store 1:00(CM) Cards 2:30(CM) Happy Hour and Trivia 5:30(CS)Sorry!   | 9:30(WR)Exercise 10:00 (CM) OnCare Edu 10:15-12:00 Scenic Drive Mahoney State Park (Sign Up) 1:00(T) Matinee Movie: Indiana Jones & the Last Crusade (1989) 4:00(C)Catholic Mass 6:00(C)Game                      | 9:30(WR) Exer- cise Class 10:15 leave for Shopping at Goodwill 1:00 (AR) Birth- day Card Making 2:00(CM)Candy BINGO 3:30(L) Pat's Meet & Greet & drinks 6:00(G)Shuffleboard | 9:30(WR)Exercise 10:30 (AR) Manicures 1:00(AR) Craft: Nat'l Bean Day:Jelly Bean Tasting 2:30(CS)Kings on the Corner 6:00(T) Popcorn & Movie Night: Old Yeller (1957) |
| 10:30(T) Mass 10:45(T) Catholic Communion 1:30(CS)BINGO with Smitha & Sid 6:00(G) Chess  | 9:30(WR)Exercise 10:15(C)Bible Study 11-12(P)Corner Store & Eyeglass & Jewelry Cleaning 1:00(CM) Mx.Dominos 1:00(P)Custom Hearing Solutions 2:00(CM)BINGO 3:30(L)Wine & Spirits 4:30-5:30(CS) Cards 6:00(L)Country Music with Diane              | 9:30 (WR) Tai<br>Chi with Paula<br>10:15(Lib)<br>Chicken Soup<br>for the Soul<br>1:00 Manicures<br>(Sign Up)<br>2:00(P)Vitals<br>Clinic w OnCare<br>6:00(L) Sing-A-<br>Long | 9:30(WR) Exercise 10:15(CS) Coffee Talk 11-12:00(P) Corner Store 1:00(CM) Cards 2:30(CM) Happy Hour & Music w Mary Link 6:00 (AR) Ladies Night: Facials (Sign up)   | 9:30(WR) Seated Exercise Class 10-12:00(CM) Covid Clinic 10:15(CS) Devotions 10:30(CS) Coffee Talk 1:00(CM) Town Hall 2:00(T) Matinee Movie: Black Beauty (1971) 4:30 (DR) RUNZA Night 5:00(CS) Game Time: Sorry! | 9:30(WR) Seated Yoga Class 10:45 Leave for Lunch at Chili's (Sign Up) 1:00(AR) Name 10 2:00(CM) Dime BINGO 3:30(L)Wine & Spirits 6:00(CS) Checkers                          | 9:30(WR)Exercise 10:30(AR)Manicures 1:00(CS) Kings on the Corner 2:30(AR) Pudding Parfaits 6:00(T) Popcorn & Movie Night: Where the Red Fern Grows (1974)            |
| 14 10:30(T) Mass 10:45(T)Catholic Communion 1:30(CS) Quarter Bingo with Smitha & Sid 3:30 Jigsaw puzzling in the puzzle room on 1st floor 7:00(CS) Coffee & cards          | 9:30(WR)Exercise 10:15(C)Bible Study 11-12:00(P) Corner store & Eyeglass & Jewelry Cleaning 1:00(P) Custom Hearing Solutions 1:00(CM)Mx. Dominos 2:00 (CM) BINGO 3:30(L) Wine&Spirits hosted by Humana 4:30-5:30(CS)Cards 6:00(L) Name that tune | 9:30 (WR) Tai Chi 10:15 (Lib) Chicken Soup for the Soul 1:00(AR) Manicures (Sign Up) 2:30 (CM) Activity Suggestion Meeting 4:30(G)Men's Night with Paul 6:00(L)Sing-A-long  | 9:30(WR)Exercise 10:15(CS) Coffee Talk: Snow Day Stories 11:00-12:00 Store 1:00 (CM) Playing Card Party 2:30 (CM) Music & Happy Hour w Dan Reynolds 4:30 Leave for Dinner at Red Lobster  RED LOBSTER FRESH FISH-LIVE LOBSTER | 9:30(WR) Exercise Class 10:15-12:00 Scenic Drive Downtown (Sign Up) 1:00(T) Matinee Movie: Pollyanna(1960) 4:00 Catholic Mass   | 9:30(WR)Exercise 10:15 Leave for Shopping at Walmart (Sign Up) 1:00(AR) Cooking Activity S'more Trail Mix 2:00(CM) Quarter BINGO 3:30(L)Wine & Spirits 6:00(CS) UNO         | 9:30(WR)Exercise 10:30(AR) Manicures 1:00(CS) Rummikub with Joy 2:30(AR) Craft: No Sew Rice Heating Pads 6:00(T) Popcorn and a Movie: Pixar's Luca (2021)            |

10:30(T) Mass 10:45(T)Catholic Communion 1:30(CS) BINGO with Smitha and Sid 6:00(G)Chess

22 9:30(WR) Exercise 10:15(C) Devotions & Bible Study 11:00-12:00(P) Corner Store Open 11:00 (P) Eyeglass & Jewelry Cleaning 1:00(CM)Mex. Dominos 2:00 (CM) BINGO 3:30(L) Wine & Spirits 6:00(L) Root Beer Roats

**23** 9:00 (WR) Tai Chi 10:15 (Lib) Chicken Soup for the Soul 1:00(AR) Manicures (Sign Up) 4:30-5:30 (CS) Playing Cards 6:00(L)Sing a

24 9:30(WR) Exercise 10:15(CS) Coffee **Talk** 11:00-12:00 Corner Store Open 1:00(CM) Cards 2:30(CM) Happy **Hour with Michael Lyon** 6:00(CS) Rummy

**25** 

10:00(P) Dining

Council with

Stephanie DSD

**Movie: Twins** 

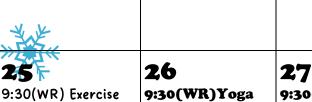
Communion

6:00(CS)

1:00 (T) Matinee

4:00(C) Catholic

**Evening Cards** 



9:30(WR)Yoga 9:30(WR)Exercise with Elaine 10:30(AR) 10:45 Lunch at **Manicures** Cilantro's Mexi-1:00(AR) Nat'l can (Sign Up) Chocolate Cake 1:00(AR) Kings Day & Coffee on the Corner 2:30(CS) Playing 2:00(CM) Dollar Cards **BINGO** 6:00(T) La La 3:30(L) Wine & Land (2016) **Spirits** 6:00(CS)

28 10:45(T) Communion 1:00(1st) Walking Club 1:30(CS)BINGO with Smitha and Sid

**6:00(G)Games** 

29 9:30(WR)Exercise 10:15(C)Devotions & Elble 11:00-1200(P) Corner Store Open 11:00 (P) Eyeglass & Jewelry Cleaning 1:00(CM)Mex. Dominos 2:00 (CM) BNGO 3:30(L) Wine & Spirits 6:00(L) Hgh School Days

long **30** 9:30 (WR) Seated Exercise **Class** 10:30(L) Book **Club with Joy** 1:00 Manicures (Sign Up) 4:30-5:30 (CS) Cards with Di-6:00 Sing-A-long in the Lobby

31 9:30(WR) **Exercise** 10:15(CS) Coffee **Talk** 11:00-12:00 Corner Store Open 1:00(CM) Cards 2:30(CM) HH **Birthday Party** with Billy Troy 6:00(CS) Game **Time: Rook** 

**Happy Birthday** Birthday Party 31st @ 2:30pm January 3rd-Evie O. January 7th-Jim W. January 19th-Sylvia M. January 22nd-Nell C. January 22nd-Amy M. January 23rd-Jack G. January 29th-Nancy M.

Yahtzee